Keeping Families Safe Program (Peninsula Health)

Street Address
Frankston Integrated Health 2 Hastings Road Frankston 3199

Additional Sites
Array

Phone
5970 2021

Email
kfs@phcn.vic.gov.au

Website
www.peninsulahealth.org.au

Client Min Age
12

Client Max Age
18

Eligibility Criteria
Available to parents, carers, family members and young people living in the City of Frankston and the Mornington Peninsula Shire. Also available to families in Bayside area who are able to travel to Frankston for appointments, etc.

Hours
, Mon to Fri 9am – 5pm

Drop In Service
Not Appropriate

Outreach
Available upon special request

Service Description
KFS program provides assistance to families where an adolescent uses violence in the home. Focus is on safety and respectful behavior, we support the adolescent’s understanding of their emotions, and build skills to better manage conflict and effective communication; also provide new parenting approaches to support improved relationships. Keeping Families Safe (KFS) program also provides an online parent group.
The group runs for six weeks. Participants do not need to be clients of our case management service to partake in the online group. KFS clinicians use a trauma informed lens and provide a non-blaming, family dynamic approach to adolescent family violence. Topics covered include: Family violence vs adolescent family violence; Family relationships; Understanding anger; Effective communication; Adolescent development; and Self-care. Contact KFS workers directly or email for further information and to make referrals.

Participation Length
As Required

Participation Type
Voluntary

Secondary Consult
Yes

Staff Profile
Array

Staff Languages
Not Appropriate

Interpreters
Yes

Who Can Refer
Anyone

Costs
No Costs, -

Disability Access
Yes

Service Type
INDIVIDUAL

Service provider
Peninsula Health Community Health (PHCH)

Department Area
Keeping Families Safe Program

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