



eheadspace

Phone

1800 650 890

Website

<https://www.eheadspace.org.au>

Client Min Age

12

Client Max Age

25

Service Description

Provides eheadspace an online and telephone service that supports young people and their families going through a tough time. Young people may contact us if they need advice, are worried about their mental health or are feeling isolated or alone. eheadspace can help with a broad range of issues like bullying, drug and alcohol issues, depression and anxiety, relationships, concerns about friends, fitting in and isolation. We also have experts who can provide work and study advice to young people and specialist support to parents and carers who are worried about a young person 12- 25. eheadspace is part of headspace, the National Youth Mental Health Foundation.

Service Type

INDIVIDUAL

Service provider

headspace Frankston

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