

Art Therapy (Peninsula Home Hospice)

Phone 9783 6177

Website

http://www.peninsulahospice.com.au/index.php?specialist_palliative_care=93&nursing_counselling_pastoral_care=121

Client Min Age

Client Max Age 25

Drop In Service Bookings required

Outreach

Yes

Service Description

Provides Home-Based Art Therapy for families or indivduals within your home. Activities include painting, drawing, writing, printmaking, photography, digital media, sculpture, journalling, collage and craft, just to name a few. Art Therapy assists with: anxiety and mood imbalances, quality of life and well being, pain and symptom support, processing stress, grief or loss, emotional release, nurturing a sense of self and identity, meaning and sense making, relationship strengthening, generating life interests, creating or completing legacies, or fun and enjoyment.

Who Can Refer

GP or self referrals

Costs No cost

Service Type INDIVIDUAL

Service provider Peninsula Home Hospice

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