

## Art Therapy (Peninsula Home Hospice)

Phone 9783 6177

## Website

http://www.peninsulahospice.com.au/index.php?specialist\_palliative\_care=93&nursing\_counselling\_pastoral\_care=121

Client Min Age

Client Max Age 25

Drop In Service Bookings required

Outreach

Yes

## **Service Description**

Provides Home-Based Art Therapy for families or indivduals within your home. Activities include painting, drawing, writing, printmaking, photography, digital media, sculpture, journalling, collage and craft, just to name a few. Art Therapy assists with: anxiety and mood imbalances, quality of life and well being, pain and symptom support, processing stress, grief or loss, emotional release, nurturing a sense of self and identity, meaning and sense making, relationship strengthening, generating life interests, creating or completing legacies, or fun and enjoyment.

## Who Can Refer

GP or self referrals

Costs No cost

Service Type INDIVIDUAL

Service provider Peninsula Home Hospice

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