# **Mornington Peninsula Child and Youth Directory**



# **Crisis Support Chat Online (Lifeline)**

### Website

https://www.lifeline.org.au/Get-Help/Online-Services/crisis-chat

#### Hours

Next online chat times are available on the website. Online chats occur after hours between 7pm and 4am - 7 days a week

### **Service Description**

Provides short term support for young people who are overwhelmed and having difficulty coping or staying safe. Also provides real time one-on-one online chat with an Online Lifeline Crisis Supporter.

Service Type INDIVIDUAL

Service provider Lifeline

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