



Mind Carer Helpline

Phone

1300 550 265

Service Description

Provides free, confidential information, advocacy, support and referrals for families, parents, carers, friends and young people. Mind also provides opportunities for young carers to connect with peers who have similar experiences, coping with stress and learn ideas and practices in the field of mental health and wellbeing.

Service Type

INDIVIDUAL

Service provider

MIND Australia

Date Created

2016-03-31 01:50:00

Last Updated

2016-05-26 04:17:21