



## Linking Youth & Families Together (LYFT)

**Street Address**

60-64 Wells Street, Frankston

**Additional Sites**

None

**Phone**

97816700

**Fax**

97814844

**Website**

<https://www.anglicarevic.org.au>

**Client Min Age**

12

**Client Max Age**

21

**Additional Age Info**

Service available to families residing in the Frankston and the Mornington Peninsula shires.

**Hours**

Monday to Friday 9am – 5pm Evening appointments can be offered - contact the service directly

**Drop In Service**

Yes

**Outreach**

Yes

**Service Description**

Linking Youth & Families Together (LYFT) assists young people (aged 12-21 years) and those most influential in their system to address difficulties associated with alcohol and drug issues in young people. This is achieved by supporting young people to make positive choices and reduce harm, strengthen family relationships and improve family functioning as well as ensuring that families receive the support they need via formal and informal supports.

**Participation Length**

Other - A typical LYFT intervention involves 12 sessions with a young person and their family, with flexibility to adapt the length of the intervention as appropriate. LYFT provides a flexible approach to assessment, planning, intervention and review across these sessions.

**Participation Type**

Voluntary

**Secondary Consult**

Yes

**Staff Profile**

Qualified Staff

**Staff Languages**

No

**Interpreters**

Yes but requires booking in advance

**Who Can Refer**

Anyone

**Mode Of Referral**

Yes

**Point Of Intake**

Contact the service directly

**Costs**

No Costs -

**Disability Access**

Yes

**Service Type**

INDIVIDUAL

**Service provider**

Anglicare Victoria

**Department Area**

Family Services

**Date Created**

2016-10-12 00:34:24

**Last Updated**

2016-10-16 09:20:03