



Psychology & Counselling (Peninsula Health Community Health)

Street Address

Hastings Community Health
 185 Hastings Road, Hastings VIC 3915
 Ph: 1300 665 781

Additional Sites

Frankston Community Health Hastings Road Service Lane, Frankston VIC 3199 Ph: 1300 665 781

Rosebud Community Health 38 Braidwood Ave, Rosebud VIC 3939 Ph: 1300 665 781

Phone

1300 665 781 (Community Health - Access worker)

Website

<http://www.peninsulahealth.org.au/services/peninsula-health-community-health/counselling>

Hours

Mon to Fri

Service Description

Provides support to people experiencing stress and anxiety; sadness and depression; grief and loss; managing chronic illness; dealing with trauma; family issues; relationships; separation; parenting and child behaviour issues. Also provides group programs to assist with anxiety management; violence in the home and chronic health conditions.

Service Type

INDIVIDUAL

Service provider

Peninsula Health Community Health (PHCH)

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