



## Mental Health online resources (ReachOut.com)

**Website**

ReachOut.com

**Service Description**

Provides online resources, apps guides, tools, fact sheets, stories and information for young people who would like support with mental health issues. Also provides a forum where young people can connect and chat online with other young people - you can also speak to an expert via online chat.

**Costs**

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**Service Type**

INDIVIDUAL

**Service provider**

ReachOut.com

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